

# Thank you for completing our e-Bug training!

**Now you have completed the training, please answer all questions provided in the questionnaire. We will use this information to evaluate and improve our training activities**

**Name: …………………………………………………………………………………………..**

**School/organisation: ………………………………………………………………………..**

**Activities you observed:**

*Please tick all that apply*

|  |  |  |
| --- | --- | --- |
| **Primary and Post Primary** | **Primary Only** | **Post-Primary only** |
| Microbes | Food Hygiene | Sexual Health |
| Hand Hygiene | Oral Hygiene | Vaccinations |
| Respiratory Hygiene |  |  |
| Antibiotics |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Microbes** | **Which of these is not a microbe?** |  | **Microbes are found:** |  |
| Bacteria |  | In the air |  |
| Virus |  | On our hands |  |
| Antibiotic |  | On surfaces |  |
| Fungi |  | Everywhere |  |
| **Microbes:** |  | **The smallest microbe is a:** |  |
| Are all bad/harmful |  | Bacteria |  |
| Are all useful |  | Virus |  |
| Can be useful or harmful |  | Fungi |  |
| Have no effect on the human body |  | They are all the same size |  |
|  |  |  |  |  |
| **Hand and respiratory hygiene** | **Why should we use soap to wash our hands?** | | **When should we wash our hands?** |  |
| It kills microbes |  | After stroking a pet |  |
| It breaks up the oil on our hands which traps microbes |  | After sneezing |  |
| It keeps our hands moist |  | After using the bathroom |  |
| It doesn’t matter if we use soap or not |  | All of the above |  |
| **The best way to stop microbes spreading is:** | | **After we sneeze into our hands, we should:** | |
| To use your hand to cover your sneeze |  | Wash our hands |  |
| To use a tissue to cover your sneeze |  | Dry our hands on our clothes |  |
| To take antibiotics |  | Take antibiotics |  |
| To drink plenty of fluids |  | None of the above is necessary |  |
|  |  |  |  |  |
| **STI’s and Vaccinations** | **Vaccines can be effective against:** | | **Herd immunity is:** |  |
| Bacterial infections |  | When animals such as cattle have been vaccinated |  |
| Viral infections |  | A type of immunity naturally present in the body |  |
| Both |  | When enough of the population Is vaccinated to prevent the spread of infection |  |
| Neither |  | None of the above |  |
| **The BEST way to prevent transmission of sexually transmitted infection is:** | | **Do sexually transmitted infections have symptoms?** | |
| Contraceptive pill |  | Always |  |
| Condoms |  | Never |  |
| Take a shower after sex |  | It depends on the infection |  |
| Monitoring basal body temperature |  | Yes but only in females |  |
|  |  |  |  |  |

***Part One****: Please tick ONE answer for each question*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Food and oral hygiene** | **Harmful microbes can be found on:** | | **Meat and vegetables should be:** |  |
| Raw meat |  | Stored on the same shelf in the fridge |  |
| Raw fish |  | Cut on different chopping boards |  |
| Fruit and vegetables |  | Cut with the same knife |  |
| All of the above |  | Stored in a warm cupboard |  |
| **The best way to destroy harmful microbes on food is to:** | | **Why do some foods and drinks cause tooth decay?** | |
| Cook food thoroughly |  | They contain a lot of salt |  |
| Cook food as quickly as possible |  | They contain harmful microbes |  |
| To make sure food is cooked on the outside |  | They contain a lot of sugar |  |
| To make sure food is warm before we eat it |  | All of the above |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Antibiotics** | **Antibiotics kill bacteria and viruses** | | **Overuse of antibiotics will damage our useful bacteria** |  |
| True |  | True |  |
| False |  | False |  |
| **Most common infections get better by themselves through bed rest, liquid intake and healthy living** | | **If you start to feel better, you do not need to finish the course of antibiotics** | |
| True |  | True |  |
| False |  | False |  |

***Part Two****: Please rate your confidence teaching the following subjects*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Very confident (could answer questions and lead discussion)** | **Confident (may need to use lecture slides and aids in discussion)** | **Neither confident nor unconfident** | **Unconfident (Would find it difficult to teach)** | **Very unconfident (Would choose not to teach it)** |
| **Microbes (Bacteria, viruses and fungi)** |  |  |  |  |  |
| **Hand hygiene** |  |  |  |  |  |
| **Respiratory hygiene** |  |  |  |  |  |
| **Food hygiene** |  |  |  |  |  |
| **Oral hygiene** |  |  |  |  |  |
| **Sexually transmitted infections** |  |  |  |  |  |
| **Vaccinations** |  |  |  |  |  |
| **Antibiotics and antibiotic resistance** |  |  |  |  |  |